

MAPLE LEAF EXCHANGE 2009 - OVERVIEW

- Fri 26 Jun Cadets travel day to Connaught (Ottawa)
- Sat 27 Jun – Thu 02 Jul
Fitness test, Pre-deployment training in Connaught + sightseeing Ottawa
- Fri 03 Jul Arrive Heathrow early morning
Drive to FREMINGTON camp, stopping for 'brunch' en route and to visit STONEHENGE; arrive for evening meal.
- Sat 04 Jul Day spent on familiarisation training on the British cadet GP rifle L98A1 in preparation for firing on exercises and ranges.
- Sun 05 – Sat 11 Jul
Week's military training hosted by 2 NI (Northern Ireland) Battalion ACF to include range firing and field exercises, plus possible visit to RAF helicopter rescue station
- Sun 12 Jul Move to HALTON Camp
Settle into accommodation / evening briefing
- Mon 13 – Fri 17 Jul
Adventurous Training activities to include kayaking, canoeing, climbing, caving, hill-walking.
- Sat 18 Jul Free day for R&R/sight-seeing.
- Sun 19 Jul Drive to CTC FRIMLEY
Kit issue and briefings
- Mon 20 – Sat 25 Jul
Cadet Leadership Course, to include early-morning PT, obstacle courses, log-runs, orienteering, raft-building, initiative tasks, several field exercises, concluding parade.
- Sat 25 Jul Drive to St MARTIN's PLAIN Camp
- Sun 26 Jul Visit Thorpe Park (a 'theme park' with rides etc)
- Mon 27 – Fri 31 Jul
Week's training hosted by Dorset ACF to include visit to PORTSMOUTH, home of the Royal Navy, including a night afloat in a decommissioned frigate and tours of HMS Victory and other military interest places, field exercise, 2 days' range firing.
- Sat 01 Aug joined at St Martin's Plain Camp by Welsh and Scottish visiting detachments
- Sun 02 Aug – Tue 04 Aug
sight-seeing visits to London, Normandy battlefields, France, etc
- Wed 05 Aug Return to Canada
- Fri 07 Aug Graduation Parade in Connaught + Cadets return to unit.